



PULSE 02DA

FIREARMS TRAINING, INC.

RIFLE MASTERY IN 4

EVENINGS

COURSE DOCUMENTS

Schedule
and
Preparation



PULSE O2DA FIREARMS TRAINING, INC. RIFLE MASTERY IN 4 EVENINGS - COURSE SCHEDULE

RIFLE MASTERY IN 4 EVENINGS. Prerequisites: *none*

This course is for those new and serious owners of tactical rifles who have a desire to gain a deeper understanding of the skills needed to win a fight for life, are interest in using the firearm for self-defense in the home or business, and desire to achieve firearms familiarity by way of numerous drills (both dry and live) that self-paced 4 evening course format.

The fee for this course includes a one-year subscription to the Pulse O2DA Armory.

TOPICS

Our shooting intensive courses consist of the practical application of combative firearm manipulation conveyed through abundant dry-practice and live-fire drills helping you develop the confidence and skills need to deploy your rifle with devastating effectiveness.

Our techniques and methodologies are designed to integrate what your body does naturally under the threat of a close in lethal force confrontation, utilizing your bodies natural response to quickly and efficiently eliminate threats.

This series introduces 15 core training drills which you can do on your own - at home or on the road - to sharpen the combative edge you will establish with us.

The fee for this course includes a one-year subscription to the Pulse O2DA Armory.

Rifle Skill Mastery in 4-Evenings has been designed for the serious student who may not have the time to attend two full days of training.

By using our building block approach presented via a total-emersion hands-on structured training environment, you will be steeped in basic gun-handling skills and shooting fundamentals via both dry-practice and live-fire drills. By the end of this series of courses you will have the necessary experience and knowledge needed to safely handle and effectively shoot your rifle, as well as having a base of knowledge and understanding of combative skills needed to help you make the best decisions for your future training.

In addition to the range work you will receive the unique support network that Pulse O2DA clients experience with our pre-course, concurrent, and post course training materials which will surround you with quality educational materials (printable electronic white papers, training programs, manuals, downloadable videos, etc.) that will aid you in your further self-improvement and personal training.

Unlike more traditional courses that attempt to teach via lengthy lectures of declarative knowledge and training that is light on actual firearms handling, our courses are designed to immediately immerse you in proper gun-handling skills by way of personal hands-on experiences from the very beginning of your course, thereby leaving you with very tangible and practical skills that you can hone on your own.

Whether you take a break between courses to sharpen your skills for the next level of training, or you feel confident enough in your abilities to transition the next level immediately, you can set your own pace to advance, or repeat training modules as you see fit.



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Lvl-1 Rifle Basics: This is a comprehensive combative rifle course for the serious students of personal protection. This no-nonsense course will give the novice shooter all the necessary basic skills needed to win the fight of their lives. From wearing your equipment correctly, grip and stance, how to quickly and effectively present your rifle, getting your hits with practical combat accuracy, to learning the most likely combat reload, moving off the line of attack, and much more. This is a 4-hour gun-handling intensive course that stands traditional classroom focused basic courses on their heads.

Lvl-2 Rifle Skill Building: This pragmatic live fire intensive course starts with testing of those vital combative skills learned in level-1 rifle basics course and then adds more essential skills such as; speed reloads, moving to cover, immediate actions for malfunctions, and introduced you to the high-ready position. All of which are wrapped 4-hours of intensive hands-on dry practice and firing drills.

Lvl-3 Rifle Skill Mastery: This shooting intensive course begins with the testing of important basics learned in levels 1 and 2. You will then learn additional malfunction clearances by way of remedial action, we will introduce tactical reloads, teach you what to do when your adversary isn't reacting the way you want him to, and we will continue to sharpening your ability to shoot quickly and accurately at practical combat distances. At the end of this course you will have learned almost all of the basic gun-handling techniques needed to protect yourself in a lethal force environment. This course, like it's predecessors, is wrapped in a 4-hour shooting intensive dry-practice and live-firing drill training session.

Lvl-4 Rifle Combatives: The final course of the basic rifle series completes the basic gun-handling techniques you will need in a fight for life and prepares you for the more realistic elements you can face as a lone operator. The course starts with testing of the previous important combative skills learned through levels 1-3 and then teaches you how to deal with multiple adversaries, how to appropriately utilize your tactical light in low/not light shooting drills, introduces alternate shooting positions, and teaches you what to do when immediate action fails to work. This course is wrapped in an intensive dry-practice and firing-drill training session which will put a sharp edge on your ability to shoot quickly and accurately, leaving you confident in your ability to safely and effectively utilize your rifle during a lethal force encounter. Whether you take a break between courses to sharpen your skills for the next level of training, or you feel confident enough in your abilities to transition the the next level immediately, you can set your own pace to advance, or repeat training modules as you see fit:

Range Lecture

Review and practical hands on of:

- Proper practice and new motor skills
- Proper wearing of equipment for fighting
- Equipment adjustment and setup
- Proper magazine indexing
- Review the four universal safety habits
- Tactical rifle nomenclature
- Definitions of anatomic directions specific to fighting
- Definitions of range commands



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Range Training

Lectures, demonstrations, dry, and live practice of:

- Weapons conditions check
- Firearms personal workspace
- Natural stance conducive to moving
- Grip with control
- Presenting from the ready position
- Using the ready to your benefit
- Presenting from the high-ready position
- Using the high-ready to your benefit
- Presenting from the field-ready position
- Using the field-ready to your benefit
- Controlling the SNS response through combative breathing
- Mastering combative sighted fire
- Keeping yourself safe with contact drills
- Safe and dynamic yet sure movements to and from cover
- Defining and using cover and concealment correctly
- Situational awareness and its roll in safe movement
- Safely moving forward to seek cover/concealment
- Safely moving diagonally to seek cover/concealment
- Safely moving laterally to seek cover/concealment
- Safely moving up-range to seek cover/concealment
- Safe retrograde movement to seek cover/concealment
- Proper filling of magazines
- Loading and unloading of the tactical rifle
- Wearing hearing protection properly
- Diagnostic trigger drills
- Assembly drills
- Balance of speed, accuracy and its relationship to power
- Mastering reflexive fire
- Integrating combat breathing
- Tactical reloads and their proper niche
- Speed reloads and their tactical niche
- Empty gun reloads and their quick fix
- Fixing a malfunction with immediate action
- Fast and effective remedial actions
- Failure to stop drills
- How to handle multiple adversaries
- Low/no light shooting
- Extensive firing drills at 3 to 200+ yards (beyond if range size permits)
- How to continually improve with dry practice

Pre, concurrent, and post course supporting material (manuals, white papers, articles, videos, and web-based content via the Pulse O2DA Armory)

- Mastering your mind for combat
- Concealed carry practical advice and techniques
- Recognizing reality and learning to operate in it
- How to operate in and master the chaos of a fight



PULSE O2DA FIREARMS TRAINING, INC. COURSE PREPARATION

- Unmasking violence, becoming comfortable with it, and how to use it to your advantage
- Psychology of fighting and steeling your mind for the fight
- Quickly mastering combative sighted and never doubting your ability again
- Avoiding the litigation landmines after a lethal force encounter
- Tactical fundamentals and adapting them for the situation
- Tactics vs. techniques
- Tactical principles
- Individual movement techniques
- Basic area clearing techniques
- Room entry and clearing
- How to handle doors
- How to clear stairs
- How the decision making process relates to tactics
- The color code of mental awareness
- Drills to develop observation and situational awareness skills
- How the color code relates to Boyd's decision-making process
- Detailed dry practice guides